

Specialist Drop in Sessions

speech language
EARLY YEARS
THERAPY TEAM

SaLT Drop ins

Shyla is the Speech and Language Therapy (SaLT) Assistant. She is able to offer advice, support and information to families with children aged 0-5 who have concerns about their child's communication development and offer ideas to promote Speech and Language.

Shyla join sessions on:

**Wednesday 24th January, Thursday 8th March &
Wednesday 25th April**

Talk Shop

Heather, our Speech and Language Therapist will attend sessions to provide one-to-one sessions to give advice or answer any queries about your child's listening and attention skills, play, understanding, vocabulary, talking and communication skills. This service is available to children aged 0-5.

**Thursday 11th January & Thursday 15th March 10.00am—
11.30am at Somerset Children's Centre
Wednesday 21st February & Wednesday 18th April 9.30am—
11.00am at the Bridge**

For more information: please contact
Heather on 020 7720 5515 or 07717 450 112
email: wandsworthslt@nhs.net

Educational Psychology Drop ins

If you have any concerns about your child's learning, behaviour, social and/or emotional well being, **Hannah & Isabella**, from the Educational Psychology service, can help provide support and advice to help you help your child.

Hannah will be at the Play & Learn @ The Bridge on :

**Wednesdays 3rd January, 7th February & 21st March 9.30am—
11.00am**

**To meet with Isabella, Please speak to a member of staff to arrange
an appointment**

Newpin

Newpin supports families when they face complex needs and challenges -including domestic abuse, substance misuse and mental health issues – and it ranges from intensive family support, specialist therapeutic work, conflict management and relationship support, and advice and wellbeing services. **Please speak to a member of staff to arrange an appointment**

Contact Drop ins

contact For families
with disabled children

Tudor is the Family Worker with Contact. She is able to offer advice, support and information to families with children aged 0-5 who have a disability. **Please speak to a member of staff to arrange an appointment**

Family Information Service



Wandsworth's Family Information Service

For more information and assistance on finding childcare, support services for families and activities for children and young people aged from birth to 20 years.

Email: www.fis@wandsworth.gov.uk

Phone: 020 8871 7899

Website: <http://fis.wandsworth.gov.uk>

MEND Mums

POST NATAL
WEIGHT MANAGEMENT
PROGRAMME



Friday's 9.30am - 11.00am
23rd February—23rd March
At Dimson Lodge
(1 minute from us by the bus stop!)

To book please contact:
Somerset Children's Centre Reception on
020 7223 5455 or email
ccadmin@somerset.wandsworth.sch.uk
Spaces are limited & some spaces are reserved for invited families.



Are you a new mum looking for an exercise and nutrition class you can attend with your baby?

mytimeactive
Food & Energy



Coming Soon to Somerset
Children's Centre

Free Early Education for 2 year olds

**Come in and find out if you are entitled to a free 15
hour nursery place for your 2 year old.**

Somerset Nursery School for children aged 3-4

Somerset Nursery is an Ofsted Graded
OUTSTANDING Nursery School. There are currently
FREE Full time and part time places available.
Please ask at reception for an application form.

Somerset Nursery School and Children's Centre

Winter/Spring 1 Timetable

2nd January—9th February 2018



157-159 Battersea Church Road
SW11 3ND

020 7223 5455



ccadmin@somerset.wandsworth.sch.uk

Please note:

All of our activities are **FREE** however, we prioritise families from the centres 'reach' area. Please contact the centre to find out if you are in our area.

In addition to all the advertised sessions, staff are available daily between 9.00am & 4.30pm to provide a listening ear and support (such as signposting or foodbank vouchers).

Monday

Bumps & Babies

10.00am- 11.30am
(for babies aged up to 1 year)

Drop in session for parents, their babies and expectant parents.

Some places are reserved for invited families

Developmental review clinics

1.00pm– 4.00pm
(for children aged 1 & 2 years)

Discuss your child's development and any concerns with your Health Visitor.

By appointment only

Tuesday

Learning through Play

9.30am—11.00am

(for children aged 2-3 years)

Drop in for parents to come and support their child's learning and development through play based activities.

Some places are reserved for invited families

Beaming Babies

1.45pm-3.00pm

(for babies & children up to 18months)

A stay and play session to support parents to learn techniques and strategies to promote their child's emotional well-being and early communication skills.

Some places are reserved for invited families

Wednesday

Play and Learn @ the Bridge

9.15am – 11.00am

(for children aged 0-3 years)

Drop in for parents and their children at:

The Bridge,
120 Battersea Bridge Road,
SW11 3AF

Some places are reserved for invited families

Drop ins and advice

Contact a Family, Educational Psychology Service, Speech and Language Therapy and Newpin will all be providing drop in sessions here for you to get advice and support on a range of issues to support you and your family. Please see overleaf for details.

Newpin

9.15am – 3.00pm

Family support service including Mellow Parenting Programme

For **Self-referrals** please contact:

Mandy Reading (Project Manager)

07944 625 355

or

Newpin Office
020 8785 1863

Thursday

Explore & Learn

10.00am – 11.30am

(for children aged 12-24 months)

Drop in for parents and their baby or toddler to come and experience

play and sensory activities. Specifically tailored to support the development of this age group.

Some places are reserved for invited families

Talkshop

Speech and Language Therapy will be here to provide one-to-one sessions to give advice or answer any queries about your child's. Please see overleaf for details.

Family Learning Sessions

1.30pm—3.00pm

Throughout the Spring Term we will be offering a range of learning opportunities to help parents support their child's development.

Please see flyers, our facebook page or speak to a member of the team for details.

Friday

Baby and Child Clinic

9.30am– 11.30am

Discuss general health issues; worries about your child; child weighing; advice about feeding. Please bring your child's red book and your baby changing bag

Outreach & Bookstart

9.00-1.00pm—2.00-4.00pm

Jayne, our family services/outreach worker is available to visit parents at home who have difficulty attending the centre to provide advice and guidance around supporting play and to introduce children and families to the joys of reading together through the Bookstart programme.

Please note these are referral only sessions.

To make a referral please contact the centre manager on 02072235455 or email senglish@somerset.wandsworth.sch.uk

Support and Advice

9.00-1.00 & 2.00-4.00pm

Do you need advice or support around filling in forms, parenting, finding a nursery place or claiming 2 year funding? Are things getting on top of you or your family is facing crisis and you need a listening ear and support to find practical help? Come in and speak to Siobhan who is here to help.

Please note that while you can bring your child with you this is not a stay and play.

Little Weaners Workshop

2.00pm to 3.30pm

(for babies over 3 months)

Workshop giving practical advice to support parents to introduce solid foods to babies.

12th January, 2nd February & 2nd March

Please book a place with: **Bridge Lane Health Clinic**
020 8812 6310

Have Your Say

All Children's Centres have an Advisory Board who meet regularly to discuss the work of the Centre. The board is made up of parents who use the centre, professionals and members of the community. The job of the advisory board is to provide support and challenge to make sure our services meet the needs of parents and the community.

We need you to tell us where we are doing well and where we need to improve.

There are 4 ways you can help us to improve our services:

- 1 - **Becoming a member** of the advisory board
- 2 - Become a **Volunteer Parent Ambassador**
- 3 - Attending our **Parent Community** sessions.

- 4 - Providing feedback through our **Comments box** and **surveys**.



to keep up to date with what's on at the centre follow us on Facebook : **Somerset Children's Centre Wandsworth**