

Contact Drop ins

Tudor is the Family Worker with Contact. She is able to offer advice, support and information to families with children aged **0-5** who have a disability.

Tudor will be at the Play & Learn @ The Bridge on
Wednesday 13th September & Wednesday 8th November
9.30 am—11.00am

SaLT Drop ins

Shyla is the Speech and Language Therapy (SaLT) Assistant. She is able to offer advice, support and information to families with children aged **0-5** who have concerns about their child's communication development and offer ideas to promote Speech and Language..

Shyla will be at the Play & Learn @ The Bridge on
Wednesday 27th September & Wednesday 15th November
9.30am—11.00am

Talk Shop

Heather, our Speech and Language Therapist will attend sessions to provide one-to-one sessions to give advice or answer any queries about your child's listening and attention skills, play, understanding, vocabulary, talking and communication skills. This service is available to children aged **0-5**.

Thursdays 14th September & 16th November at Somerset
10.00am – 11.30am
Wednesdays 18th October & 13th December at the Bridge
9.30am—11.00am

For more information: please contact
Heather on 020 7720 5515 or 07717 450 112
email: wandsworthslt@nhs.net

Family Information Service



Wandsworth's Family Information Service

For more information and assistance on finding childcare, support services for families and activities for children and young people aged from birth to 20 years.

Email: www.fis@wandsworth.gov.uk

Phone: **020 8871 7899**

Website: <http://fis.wandsworth.gov.uk>

Educational Psychology Drop ins

If you have any concerns about your child's learning, behaviour, social and/or emotional well being, **Hannah**, from the Educational Psychology service, can help provide support and advice to help you help your child.

Hannah will be at the Play & Learn @ The Bridge on :
Wednesday 11th October & Wednesday 6th December
9.30am—11.00am

Newpin

Newpin supports families when they face complex needs and challenges -including domestic abuse, substance misuse and mental health issues – and it ranges from intensive family support, specialist therapeutic work, conflict management and relationship support, and advice and wellbeing services. **Emma** from Newpin will be at the Play & Learn @ The Bridge on :
Wednesday 20th September & Wednesday 22nd November
9.30am—11.00am

Have Your Say



All Children's Centres have an Advisory Board who meet regularly to discuss the work of the Centre. The board is made up of parents who use the centre, professionals and members of the community. The job of the advisory board is to provide support and challenge to make sure our services meet the needs of parents and the community.

We need you to tell us where we are doing well and where we need to improve.

- There are 4 ways you can help us to improve our services:
- 1 - **Becoming a member** of the advisory board (please ask a staff member for more information)
 - 2 - Become a **Volunteer Parent Ambassador** (please ask a staff member for more information)
 - 3 - Attending our **Parent Community** sessions.
 - 4 - Providing feedback through our **Comments box** and **surveys**.

Free Early Education for 2 year olds

Come in and find out if you are entitled to a free 15 hour nursery place for your 2 year old.

Somerset Nursery School for children aged 3-4

FREE Nursery Education. Full time and part time places. Please ask at reception for an application form.

Somerset Nursery School and Children's Centre

Autumn/Winter 1 Timetable

4th September to 20th October 2017



157-159 Battersea Church Road
SW11 3ND

020 7223 5455

ccadmin@somerset.wandsworth.sch.uk

Somerset Children's Centre Wandsworth

Please note:

All of our activities are **FREE** however, we prioritise families from the centres 'reach' area. Please contact the centre to find out if you are in our area.

In addition to all the advertised sessions, staff are available daily between 9.00am & 4.30pm to provide a listening ear and support (such as signposting or foodbank vouchers).

Monday

Bumps & Babies
10.00am- 11.30am
(for babies aged up to 1 year)

Drop in session for parents, their babies and expectant parents.

Some places are reserved for invited families

Developmental review clinics

1.00pm– 4.00pm
(for children aged 1 & 2 years)

Discuss your child's development and any concerns with your Health Visitor.

By appointment only

October & Christmas Holidays

During the holidays we run a **different timetable** with activities for children **aged 0-5**. October & Christmas holiday activities timetables will be in Reception nearer the time.

October Half term

21st–29th October

Christmas Break

21st December–
2nd January

Tuesday

Learning through Play
9.30am—11.00am
(for children aged 2-3 years)

Drop in for parents to come and support their child's learning and development through play based activities.

Some places are reserved for invited families

Including Educational Psychology drop in (Dates TBC please see flyers for information)

Isabella, from the Educational Psychology Service, will be in these sessions to talk to about any concerns about your child's learning, behaviour, social and/or emotional wellbeing.

Beaming Babies

1.45pm-3.00pm
(for babies children up to 18months)

A stay and play session supported by an Educational Psychologist and highly qualified Children's Centre staff to support parents to learn techniques and strategies to promote their child's emotional well-being and early communication skills.

Places are limited, so to book a place please contact Reception

Wednesday

Play and Learn @ the Bridge

9.15am – 11.00am

(for children aged 0-3 years)
Drop in for parents and their children at:

The Bridge,
120 Battersea Bridge Road,
SW11 3AF

Some places are reserved for invited families

Drop ins and advice

Contact a Family, Educational Psychology Service, Speech and Language Therapy and Newpin will all be providing drop in sessions here for you to get advice and support on a range of issues to support you and your family Please see overleaf for details.

Newpin

9.15am – 3.00pm

Family support service including Mellow Parenting Programme

For **Self-referrals** please contact:

Mandy Reading (Project Manager)

07944 625 355

or

Newpin Office
020 8785 1863

Thursday

Explore & Learn
10.00am – 11.30am

(for children aged 12-24 months)
Drop in for parents and their baby or toddler to come and experience play and sensory activities. Specifically tailored to support the development of this age group.

Some places are reserved for invited families

Talkshop

Speech and Language Therapy will be here to provide one-to-one sessions to give advice or answer any queries about your child's Please see overleaf for details.

Family Learning Sessions

1.30pm—3.00pm

Throughout the Autumn Term we will be offering a range of learning opportunities to help parents support their child's development. Including:

Supporting children with more than One Language
28th September

Supporting Language in Boys
19th October

Feeding and Nutrition for the Under 5's
(Course made up of 2 sessions)
23rd & 30th November

Please see flyers or speak to a member of the team for details.

Friday

Baby and Child Clinic
9.30am– 11.00am

Discuss general health issues; worries about your child; child weighing; advice about feeding
Please bring your child's red book and your baby changing bag

F.L.A.S.H at Dimson Lodge

9.30am– 10.30am

(for children aged over 18 months)

F.L.A.S.H sessions are full of fun activities to help you and your family live life to the fullest! With activities such as music and movement, large art and yoga themed exercises to help keep you and your children happy and healthy.

Some places are reserved for invited families

Support and Advice

1.45pm—3.45pm

Do you need advice or support around filling in forms, parenting, finding a nursery place or claiming 2 year funding? Or are things getting on top of you or your family is facing crisis and you need a listening ear and support to find practical help? Come in and speak to Siobhan or Jayne who will be here to help.

Please note that while you can bring your child with you this is not a stay and play.

Little Weaners Workshop

2.00pm to 3.30pm

(for babies over 3 months)

Workshop giving practical advice to support parents to introduce solid foods to babies .

1st September, 6th October, 3rd November & 1st December.

Please book a place with:

Bridge Lane Health Clinic
020 8812 6310



To keep up to date with what's on at the centre follow us on Facebook : Somerset Children's Centre Wandsworth